

## 1. MỤC TIÊU

1.1. Kiến thức : Học sinh ôn tập các kiến thức về: Unit 1, 2, 3

1.2. Kỹ năng: Học sinh rèn luyện các kỹ năng: Reading, Writing & Language

## 2. NỘI DUNG

2.1. Phonetics & Pronunciation (units 1-3)

2.2. Vocabulary and Grammar

- Vocab related to 3 topics – A long and healthy life
  - The generation gap
  - Cities of the future
- Grammar:
  - The past simple and the present perfect
  - Modal verbs
  - Stative verbs( in the continuous form ), linking verbs

2.3. Topics for reading

- A long and healthy life
- The generation gap
- Cities of the future

2.5. Ma trận: Đề kiểm tra tiếng anh khối 11 học kì 1 gồm 50 câu ( thời gian 60 phút)

### MA TRẬN MÔN TIẾNG ANH

	Biểu hiện	CẤP ĐỘ TƯ DUY		
		Nhận biết	Thông hiểu	Vận dụng
Năng lực đọc	1. Đọc hiểu những ý chính, nội dung chi tiết của văn bản khoảng 220 – 250 từ về các chủ đề mang tính thời sự quen thuộc.	2	7	9
	2. Đọc hiểu những thông tin quan trọng trong các tờ thông tin, quảng cáo thường nhật.	3	2	1
	3. Đọc hiểu những thông điệp đơn giản và các thông tin truyền thông về các chủ đề phổ biến.	11	3	2
Năng lực viết	Biết cách chia dạng đúng của từ và viết lại câu với nghĩa gần nhất.	4	3	3
	Tổng số câu hỏi theo cấp độ tư duy	20	15	15
	Tỷ lệ theo mức độ tư duy	40%	30%	30%

## 2.6 Exercises

I. Mark the letter A, B, C, or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

- Question 1. A. medicine    B. energy    C. exercise    D. obesity  
Question 2. A. concerned    B. raised    C. developed    D. maintained  
Question 3. A. concerns    B. raises    C. shares    D. maintains  
Question 4. A. hold    B. follow    C. force    D. notice  
Question 5. A. extend    B. breadwinner    C. express    D. argue  
Question 6. A. operate    B. sensor    C. neighborhood    D. environment

Question 7. A. sustainable B. infrastructure C. campus D. surprised  
 Question 8. A. garden B. path C. article D. livable

**II. Mark the letter A, B, C, or D to indicate the word that differs from the other three in the position of primary stress in each of the following questions.**

Question 9. A. natural B. dangerous C. unhealthy D. regular  
 Question 10. A. accept B. contain C. return D. treadmill  
 Question 11. A. exercise B. prohibit C. operate D. cultivate  
 Question 12. A. critical B. cultural C. influence D. understand  
 Question 13. A. refer B. prepare C. achieve D. curious  
 Question 14. A. threaten B. appear C. modernize D. damage  
 Question 15. A. renewable B. eco-friendly C. environment D. sustainable  
 Question 16. A. nutrient B. vitamin C. mineral D. infection

**III. Choose the best answer to complete the sentences**

Question 17. The \_\_\_\_\_ arises when Jack and his parents have considerable disagreement on his choice of university.  
 A. discrimination B. conflict C. agreement D. gap

Question 18. When you ride a motorbike, you must \_\_\_\_\_ the general road rules.  
 A. judge B. force C. obey D. conform

Question 19. Instead of \_\_\_\_\_ someone by their appearance, you should get to know them better.  
 A. swearing B. judging C. controlling D. viewing

Question 20. Having two children in a family is becoming the \_\_\_\_\_ in some Asian countries.  
 A. norm B. privacy C. conflict D. behavior

Question 21. I don't understand why you like \_\_\_\_\_ clothes. They are too bright and young for your age.  
 A. flashy B. fashionable C. comfortable D. stylish

Question 22. We should develop such \_\_\_\_\_ sources of energy as solar energy and nuclear energy.  
 A. tradition B. alternative C. revolutionary D. surprising

Question 23. Street lights can \_\_\_\_\_ when the streets are empty and sensors can inform waste collection teams when the bins are full.  
 A. turn up B. turn on C. turn down D. turn off

Question 24. Cities in the future will have a lower carbon footprint and will be more \_\_\_\_\_.  
 A. sustainable B. changeable C. adaptable D. favorite

Question 25. City \_\_\_\_\_ often face the challenges of high living costs and crowded spaces.  
 A. inhabitants B. residents C. dwellers D. citizens

Question 26. Good \_\_\_\_\_ is crucial for the development and growth of any city.  
 A. architecture B. infrastructure C. biodiversity D. cybercrime

Question 27. Implementing effective traffic management strategies can help alleviate \_\_\_\_\_ jams in busy cities.  
 A. traffic B. sensor C. operation D. device

Question 28. \_\_\_\_\_ energy sources like coal and oil contribute to environmental pollution.  
 A. Eco-friendly B. Renewable C. Non-renewable D. Computer-controlled

Question 29. James \_\_\_\_\_ an intelligent person but he sometimes asks silly questions.  
 A. is seeming B. seemed C. seem D. seems

Question 30. Please be quiet. I \_\_\_\_\_.  
 A. think B. am thinking C. thought D. thinks

Question 31. You should try this soup. It \_\_\_\_\_ very delicious.  
 A. is tasting B. tasted C. taste D. tastes

Question 32. My city was ranked as the most \_\_\_\_\_ city in the country because of its excellent facilities and clean air.  
 A. live B. life C. living D. liveable

Question 33. Electric buses and trains will produce less greenhouse gas \_\_\_\_\_.  
 A. emit B. emissions C. emitting D. emitted

Question 34. Infrastructure will be made available \_\_\_\_\_ the city dwellers before winter comes.  
 A. for B. in C. off D. about

- Question 35. Nice restaurants and cafeterias in the downtown \_\_\_\_\_ tourists' attention.  
 A. take B. invite C. attract D. create
- Question 36. A. Students \_\_\_\_\_ look at their notes during the test.  
 A. don't have to B. shouldn't C. mustn't D. ought not to
- Question 37. You \_\_\_\_\_ find time for some relaxation every day.  
 A. have to B. must C. should D. might
- Question 38. The fish tastes \_\_\_\_\_, I won't eat it.  
 A. awful B. awfully C. more awfully D. as awful
- Question 39. The situation looks \_\_\_\_\_. We must do something.  
 A. good B. well C. bad D. badly
- Question 40. We \_\_\_\_\_ touch since we \_\_\_\_\_ school three years ago.  
 A. were losing/had left B. lost/ have left  
 C. have lost/ left D. have lost / leave
- Question 41. My parents first \_\_\_\_\_ each other at the Olympic Games in 1982.  
 A. had met B. met C. have met D. meet
- Question 42. The instructions give a balanced \_\_\_\_\_ and protect against infections.  
 A. physic B. treatment C. diet D. injury
- Question 43. She suffers \_\_\_\_\_ a rare bone disease.  
 A. to B. about C. on D. from
- Question 44. You can change your eating habits and lead a healthier \_\_\_\_\_.  
 A. health B. develop C. lifestyle D. muscles
- Question 45. My best friend didn't show up for the English club, so I was \_\_\_\_\_.  
 A. disappointingly B. disappointing C. disappointed D. disappointment
- Question 46. Since Lan moved to Paris, I \_\_\_\_\_ anything from her.  
 A. didn't hear B. haven't heard C. don't hear D. wasn't hearing
- Question 47. My sister was listening to music when my brother \_\_\_\_\_ her a ring.  
 A. gives B. has given C. was giving D. gave
- Question 48. All students \_\_\_\_\_ wear uniforms at school because it is a rule.  
 A. have to B. should C. must D. mustn't

**IV. Read the following advertisement/announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks**

#### Digital Reset Week Announcement

Attention, please!

This week, our community (49) \_\_\_\_\_ a special challenge to help everyone improve digital habits. The program runs from Monday to Sunday and includes daily tips on healthy technology use. Technology is useful, but too much of it can cause stress and tiredness. A digital reset requires self-discipline and positive (50) \_\_\_\_\_.

We 'd like to invite you to create phone-free zones during meals and set a curfew before bedtime (51) \_\_\_\_\_ you can recharge your energy and reconnect with real life.

- Question 49. A. launch B. launched C. launches D. launching
- Question 50. A. motivate B. motivation C. motivated D. motivating
- Question 51. A. because B. although C. so that D. unless

#### Future Smart Cities Expo 2050

Join us at the Future Smart Cities Expo, where experts will discuss how urban areas are changing.

In the coming decades, cities will (52) \_\_\_\_\_ - rapid development, using clean energy and advanced transport systems.  
 To create sustainable environments, leaders must (53) \_\_\_\_\_ with new technologies and share solutions worldwide.  
 The event also highlights the importance of citizens (54) \_\_\_\_\_ to live more eco-friendly lifestyles, from rooftop farming to green housing.  
 Warmly welcome all!

Question 52. A. make progress      B. do progress      C. take progress      D. get progress

Question 53. A. keep up with      B. come down with      C. put up with      D. get away with

Question 54. A. learn      B. to learn      C. learnt      D. learning

**V. Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the . to make a meaningful paragraph/letter in each of the following questions.**

Question 55:

- a. Moreover, staying hydrated by drinking plenty of water aids in digestion and nutrient absorption.
- b. To begin with, a balanced diet rich in fruits, vegetables, and whole grains provides essential nutrients and energy.
- c. Adopting these habits can lead to a healthier, more vibrant life.
- d. Regular physical activity strengthens the heart, muscles, and bones, while also improving mood and mental clarity.
- e. Living a healthy life involves several key practices that promote overall well-being.

A. e - b - d - a - c

B. e - d - b - a - c

C. b - e - d - a - c

D. e - b - a - d - c

Question 56:

- a. This generational gap often leads to misunderstandings and conflicts between parents and their children.
- b. In today's fast-paced world, parents and children frequently struggle to see eye to eye on various issues.
- c. However, with open communication and mutual respect, these differences can be bridged.
- d. The difference in experiences and perspectives between generations is a natural phenomenon.
- e. It is important for both parents and children to make an effort to understand each other's viewpoints.

A. b - a - d - e - c

B. b - d - a - e - c

C. d - b - a - c - e

D. d - a - b - c - e

**VI. Read and choose the correct word or phrase that best fits each of the numbered blanks**

### ***Closing the Generation Gap***

Around the world, it's common for generations of a family to think and behave (57) \_\_\_\_\_. Teenagers have different experiences to their parents. For example, the technology teens use is still new and can be strange for parents. These differences can cause a generation gap leading to arguments in some homes. But, here are some tips for parents who want to close that gap.

Firstly, communication is important. Parents who can't talk to their teens easily need to start a conversation. Start with something small – ask your teen about their day at school. The more often you do this, the easier it gets. Then, you can move onto (58) \_\_\_\_\_ things such as the problems your teen faces. Listen to them and try to understand how they feel.

Talking together means spending time together, but you can do other things, too. Take an interest in your teen's hobbies and interests. It isn't easy keeping up with all (59) \_\_\_, but it's definitely worth it because it allows you to have a better relationship with your teen. Remember, you shouldn't (60) \_\_\_\_\_.

\_\_\_\_\_ your teen years to your teen's. It doesn't help because things today are so different. In fact, for modern teens, life is no walk in the park (61)\_\_\_\_\_ social media and the Internet.

- Question 57: A. differently                      B. different                      C. difference                      D. differ
- Question 58: A. any                                  B. much                              C. other                              D. another
- Question 59: A. the social latest trends                      B. the latest social trends  
                    C. the latest trends social                      D. the trends social latest
- Question 60: A. share                                  B. compare                      C. notice                              D. operate
- Question 61: A. despite                                  B. like                                  C. than                                  D. due to

## VII. Read the following passage and do the tasks below

{I} Throughout the nineteenth century and into the twentieth, citizens of the United States maintained a **bias** against big cities. Most lived on farms and in small towns and believed cities to be centers of corruption, crime, poverty, and moral degradation. {II} Their distrust was caused, in part, by a notional ideology that proclaimed farming the greatest occupation and rural living superior to urban living. {III} Gradually, economic reality overcame ideology. Thousands abandoned the precarious life on the farm for more secure and better paying jobs in the city. But when these people migrated from the countryside, they carried their fears and suspicions with them. {IV} These new urban population, already convinced that cities were overwhelmed with great problems, eagerly **embraced** the progressive reforms that promised to bring order out of the chaos of the city.

One of many reforms came in the area of public utilities. Water and sewerage systems were usually operated by municipal governments, but the gas and electric networks were privately owned. Reformers feared that the privately owned utility companies would charge **exorbitant** rates for these essential services and deliver **them** only to people who would afford them, some city and state governments responded by regulating the utility companies, but a number of cities began to supply these services themselves. Proponents of these reforms argued that public ownership and regulation would insure widespread access to these utilities and guarantee a fair price.

While some reforms focused on government and public behavior, others looked at the cities as a whole. Civic leaders, convinced that physical environment influenced human behavior, argued that cities should develop master plans to guide their future growth and development. City planning was nothing new, but the rapid industrialization and urban growth of the late nineteenth century took place without any consideration for order. Urban renewal in the twentieth century followed several courses. Some cities introduced plans to completely rebuild the city core. Most other cities contented themselves with zoning plans for regulating future growth. Certain parts of town were restricted to residential use, while others were set aside for industrial or commercial development.

## Read the following passage and decide the statements whether True(T) or False(F)

- Question 62: The majority of citizens believed that there were a number of problems in the city.
- Question 63: All public utilities were run by the state only.

## Read the passage again and mark the letter A, B, C, or D to indicate the correct answer to each of the questions.

- Question 64. The word "**bias**" in the passage closest in meaning to \_\_\_\_.
- A. diagonal                      B. slope                              C. distortion                      D. prejudice
- Question 65. The first paragraph suggests that most people who lived in rural areas \_\_\_\_.
- A. were suspicious of their neighbors                      B. were very proud of their lifestyle  
C. believed city government had too much power                      D. wanted to move to the cities
- Question 66. In the early twentieth century, many rural dwellers migrated to the city in order to \_\_\_\_.
- A. participate in the urban reform movement                      B. seek financial security

C. comply with a government ordinance

D. avoid crime and corruption

Question 67. The word "**embraced**" in the passage is closest in meaning to \_\_\_\_.

A. suggested

B. overestimated

C. demanded

D. welcomed

Question 68. What concern did reformers have about privately owned utility companies?

A. They feared the services would not be made available to all city dwellers.

B. They believed private ownership would slow economic growth

C. They did not trust the companies to obey the government regulations.

D. They wanted to ensure that the services would be provided to rural areas.

Question 69. The word "**exorbitant**" in the passage opposite in meaning to \_\_\_\_.

A. additional

B. reasonable

C. various

D. modified

Question 70. All of the following were the direct result of public utility reforms EXCEPT \_\_\_\_.

A. local governments determined the rates charged by private utility companies

B. some utility companies were owned and operated by local governments

C. the availability of services was regulated by local government

D. private utility companies were required to pay a fee to local governments

Question 71. The word "**them**" in the passage refers to \_\_\_\_.

A. Experts

B. Pioneers

C. Reviewers

D. Supporters

Question 72. Where in paragraph 2 does the following sentence best fit?

**This attitude prevailed even as the number of urban dwellers increased and cities became an essential feature of the notional landscape**

A. I

B. II

C. III

D. IV

Question 73. What does the passage mainly discuss?

A. A comparison of urban and rural life in the early twentieth century

B. The role of government in twentieth-century urban renewal

C. Efforts to improve urban life in the early twentieth century

D. Methods of controlling urban growth in the twentieth century

### VIII. WRITING

**Write the correct form of the words / verbs in brackets**

Question 74. She (look) \_\_\_\_\_ so beautiful in that white dress.

Question 75. Turn on the fan. It (get) \_\_\_\_\_ hotter and hotter.

Question 76. That Super Junior (appear) \_\_\_\_\_ suddenly at the end of concert makes its fans overjoyed.

Question 77. David (think) \_\_\_\_\_ about holding a party next weekend.

Question 78. Why \_\_\_\_\_ you (smell) \_\_\_\_\_ the flowers?

Question 79. Last night I (lose) \_\_\_\_\_ my keys. I had to call my flatmate to let me in.

Question 80. My bicycle isn't here. I think someone (just/take) \_\_\_\_\_ it.

Question 81. Plants draw minerals and other \_\_\_\_\_ from the soil. (NUTRITIOUS)

Question 82. He was so exhausted that he fell \_\_\_\_\_ at his desk. (SLEEP)

Question 83. Raw meat and poultry may contain harmful \_\_\_\_\_ (BACTERIUM)

**Rewrite the following sentences with the given information.**

Question 84: Mr. Minh started working at this office 5 years ago

--> Mr. Minh has \_\_\_\_\_

Question 85: The last time I had a business meeting with him was in February.

--> I haven't

Question 86: It would be a good idea for you to share the housework with your mother.

--> You should/ ought to/ had better/need to/ must

Question 87: They don't allow students to cheat in the exam.

--> Students are

Question 88. She hasn't drunk Coca Cola before.

-->This is the

Question 89. It's the first time I have read this book

-->I have never

Question 90. They finally accepted their differences after the argument. ( RECONCILED)

-->They .....their differences (after the argument).

### ĐỀ MINH HỌA

**Mark the letter A, B, C, or D to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.**

**Question 1.** A. extend                      B. between                      C. believe                      D. member

**Question 2.** A. accept                      B. nuclear                      C. discuss                      D. include

**Mark the letter A, B, C, or D to indicate the word that differs from the other three in the position of primary stress in each of the following questions.**

**Question 3.** A. device                      B. complain                      C. limit                      D. allow

**Question 4.** A. teenager                      B. computer                      C. conclusion                      D. supporting

**Mark the letter A, B, C or D to indicate the correct answer to each of the following questions.**

**Question 5:** I have maintained a healthy lifestyle recently. Therefore, I avoided the unpleasant experience of food \_\_\_\_\_.

A. poisonous                      B. poison                      C. poisoning                      D. poisonousness

**Question 6:** Generations often \_\_\_\_\_ social values and norms, reflecting the difference of perspectives.

A. argue over                      B. bond over                      C. make over                      D. push over

**Question 7:** The cake tastes \_\_\_\_\_.

A. good                      B. goodly                      C. well                      D. badly

**Question 8:** I suggest that GenZ \_\_\_\_\_ be encouraged to develop their digital skills and passion for social change.

A. mustn't                      B. should                      C. may                      D. have

**Question 9:** Linh lives in a/an \_\_\_\_\_ family. It has 3 generations: her grandparents, her parents and she.

A. nuclear                      B. small                      C. affected                      D. extended

**Question 10:** Exhaust \_\_\_\_\_ from cars are responsible for much of the air pollution in cities.

A. fumes                      B. smokes                      C. gases                      D. smog

**Question 11:** Listen! Her story \_\_\_\_\_ interesting.

A. sounds                      B. is sounding                      C. sound                      D. was sounding

**Question 12 :** These dresses \_\_\_\_\_ for the cultural event by my aunt.

A. sewed                      B. was sewed                      C. have been sewed                      D. have sewed

**Question 13:** Luckily, my parents are always willing to listen to my new ideas. They're very \_\_\_\_\_.

A. narrow-minded                      B. open-minded                      C. elegant                      D. careful

**Question 14:** Vaccines are often used to prevent the \_\_\_\_\_ of diseases caused by viruses.

A. development                      B. increase                      C. decrease                      D. spread

**Question 15:** I think I \_\_\_\_\_ home tonight. I'm a little tired.

A. stay                      B. am staying                      C. will stay                      D. will be staying

Read the following job advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks.

### JOIN OUR CREATIVE WRITING WORKSHOP!

Do you have a passion for storytelling? Are you between 16 and 25 years old? Join our Creative Writing Workshop to unleash your potential!

- (16) \_\_\_\_\_ experience required
- Exciting weekly sessions
- Opportunity to publish your work
- Meet and learn from (17) \_\_\_\_\_ authors Register now for more (18) \_\_\_\_\_:
- Email: writershub@literature.com
- Phone: 555-0234
- Address: 22 Inspiration Drive, Noveltown

**Question 16:** A.Never

B.Not

C.Neither

D. No

**Question 17:** A. renownedly

B.renown

C. renowned

D.renowning

**Question 18:** A.information

B.informative

C.inform

D.informant

### ANNOUNCEMENT OF SCHOOL SPORTS DAY

The School Athletics Department is pleased to announce:

- All athletes (19) \_\_\_\_\_ to report at the school field by 08:00 AM on June 10.
- Each team must prepare and submit their entry list for each event. Each athlete is allowed to participate in a maximum of three events.
- The school will (20) \_\_\_\_\_ trophies and medals for the winners in each category.
- (21) \_\_\_\_\_ you have any inquiries regarding the event schedule or rules, please contact the Athletics Department.

**Question 19:** A. expect

B. expecting

C. are expected

D. have expected

**Question 20:** A. distribute

B. conduct

C. organize

D. execute

**Question 21:** A. Unless

B. Whenever

C. Should

D. As

**Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph/letter in each of the following questions.**

**Question 22.**

- I intend to invite about 10 people, so it will be a small gathering.
- Dear Jane, As the school year is coming to an end, I'm giving a farewell party before we go away for holiday
- I will order some pizzas and buy snacks and fruits. There will be dancing and karaoke competition, so there will be a lot of fun.
- Would you like to come?
- It will be held at my home at 7 p.m this coming Sunday.
- Please let me know if you can come. Just leave me a message on the phone if you can't catch me at home.Your friend,

A. b — d — e — a — c — f

B. b — c — a — e — d — f

C. b — e — d — a — c — f

D. b — a — d — e — c — f

**Question 23.**

- Also, voluntary tasks help them connect with the community, making them aware of the needs around them.
- In addition to this, students develop teamwork and communication skills while they volunteer.
- Firstly, they will gain valuable real-world experience which can help in their future careers.
- Last but not least, doing volunteer work can be a rewarding job, as students feel great about helping others.
- Upper secondary school students get many benefits from doing voluntary work.

A. e — a — c — b — d

B. c — e — a — b — d

C. c — a — b — d — e

D. e — c — a — b — d

**Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks from 26 to 30.**



The generation gap in Vietnam presents (24) \_\_\_\_\_ challenges and opportunities. With the rapid development and globalization, younger generations in Vietnam often have different values, attitudes, and aspirations (25) \_\_\_\_\_ to older generations. This can lead to communication and understanding gaps between them. (26) \_\_\_\_\_, it also creates opportunities for mutual learning and growth. Younger generations bring fresh perspectives and ideas, while older generations offer wisdom and experience. (27) \_\_\_\_\_ fostering open dialogue and embracing the diversity of viewpoints, Vietnam can (28) \_\_\_\_\_ the positive aspects of the generation gap to drive social progress, economic development, and intergenerational harmony.

*(Adapted from "Intergenerational Relations and Family Changes in Vietnam", Vnexpress)*

- Question 24.** A. both                      B. either                      C. neither                      D. nor  
**Question 25.** A. comparing                      B. compared                      C. comparison                      D. compare  
**Question 26.** A. Since                      B. However                      C. Therefore                      D. Moreover  
**Question 27.** A. On                      B. In                      C. From                      D. By  
**Question 28.** A. bring                      B. earn                      C. harness                      D. utilize

**Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each**

Our body clock, also known as the circadian rhythm, is an internal system that regulates our sleep-wake cycle, influencing various physiological processes. This biological clock is primarily influenced by external cues such as light and temperature, aligning our body's functions with the day-night cycle. For instance, exposure to natural light in the morning signals the body to wake up and be alert, while the absence of light in the evening triggers the production of melatonin, a hormone that promotes sleep.

Maintaining a consistent circadian rhythm is crucial for overall health. Disruptions to it, such as those caused by shift work, travel across time zones, or irregular sleep patterns, can lead to various health issues. These disruptions can affect sleep quality, mood, and cognitive functions, and over time, may contribute to more serious conditions such as obesity, diabetes, and cardiovascular diseases. Therefore, it is essential to follow a regular sleep schedule, ensure exposure to natural light during the day, and minimize light exposure at night to keep the body clock in sync.

Moreover, the circadian rhythm also regulates other bodily functions, including hormone release, eating habits, and digestion. Studies have shown that our body clock influences the timing of meals, and eating at irregular times can disrupt metabolic processes. For optimal health, it is recommended to eat meals at consistent times each day and avoid late-night eating. By understanding and respecting it, we can improve our sleep quality, boost our overall health, and enhance our daily performance.

Reference: <https://www.nigms.nih.gov>

**Question 29:** What would be the best title for the passage?

- A. The Benefits of Melatonin                      B. The Science of Sleeping Pills  
 C. Understanding of the Body Clock                      D. The Impact of Technology on Sleep

**Question 30:** What does the word “regulates” in the passage mostly mean?

- A. disrupts                      B. controls                      C. ignores                      D. influences

**Question 31:** What does the word “it” in paragraph 2 refer to?

- A. work                      B. melatonin                      C. disruption                      D. circadian rhythm

**Question 32:** Which of the following is NOT mentioned as a health problem?

- A. overweight                      B. diabetes                      C. heart stroke                      D. common cold

**Question 33:** According to the passage, what is recommended for optimal health regarding meal times?

- A. Eating meals at the same times every day                      B. Eating whenever you feel hungry  
 C. Skipping breakfast regularly                      D. Eating large meals late at night

**Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct to each of the question .**

It is not surprising that the birthplace of cola was the hot and humid American South. This region had long specialized in creating delicious soft drinks. A druggist in Atlanta, Georgia named John Pemberton created the most well-known drink brand in the world in the 1880s. However, it seems clear that he had no idea how big it would become.

Like many American pharmacists of the day, Pemberton was opposed to the drinking of alcohol and wanted to produce a stimulating soft drink. First, he made "the French Wine of Coca," made from the coca leaf. Then he began to experiment with the cola nut. Eventually, he managed to make a combination of the two that he thought was sweet, but not too sweet. Deciding that "the two C's would look well in advertising," **he** named it Coca-Cola.

Pemberton's invention **caught on** fairly quickly. By 1905, "Coke" was being advertised all over the country as "The Great Natural Temperance Drink." The drink enjoyed additional success since there was a large and popular temperance movement in the US at that time. In the 1920s, alcohol was **outlawed**, and sales of Coke rose significantly. However, they continued to rise even after the law was repealed. Another reason for Coke's popularity was good business sense. A year after he invented it, Pemberton had sold Coca-Cola to Asa Griggs Candler for only \$283.26! Candler was a marketing genius, and by the time he sold the Coca-Cola Company in 1919, it was worth \$25 million.

**Question 34.** Which of the following would be the best title for the reading?

- A. The Invention & History of Coca-Cola.    B. Cola is the World's Most Popular Soft Drink  
C. John Pemberton created Coca-Cola.    D. The Temperance Movement & Coke's success

**Question 35.** From paragraph 1, we can see that South America is \_\_\_\_\_.

- A. short of soft drinks    B. well-known for its food  
C. not home for famous the drink brand    D. hot and humid

**Question 36.** In paragraph 2, the word "**he**" refers to \_\_\_\_\_.

- A. Coca-Cola    B. Pemberton    C. the American    D. the French

**Question 37.** In paragraph 3, the word "**outlawed**" is opposite in meaning to \_\_\_\_\_.

- A. made illegal    B. taken to court    C. made legal    D. allowed

**Question 38.** All of the followings are true of Pemberton EXCEPT that \_\_\_\_\_.

- A. he made "French wine of Coca" from the coca leaf  
B. he combined the coca leaf and cola nut to make "French wine"  
C. he produced stimulating alcohol from coca leaves and cola nuts  
D. he made "French wine of Coca" from the cola nut

**Question 39.** In paragraph 3, the word "**caught on**" is closest in meaning to \_\_\_\_\_.

- A. became popular    B. became important    C. became legal    D. became successful

**Question 40.** Which of the following is responsible for Coke's additional success?

- A. The temperance movement    B. Its attracting name  
C. Pemberton's good business sense    D. Coca-Cola's great taste

**Read the passage again and decide the statements whether True(T) or False(F)**

**Question 41.** Pemberton and Candler invented the most popular brand-name drinks

**Question 42.** Two factors have contributed to the remarkable rise in Coke sales.

## D. WRITING

**Complete the sentences. Use the correct form of the words and phrases in the box.**

**Question 43.** My darling, you look ( beauty) \_\_\_\_\_ in that dress.

**Question 44.** He (buy) me a big teddy bear on my birthday last week.

**Question 45.** After a long time working incessantly, all my efforts ended in ( succeed) \_\_\_\_\_.

**Question 46.** Sorry about that! I ( be) \_\_\_\_\_ really busy since my birthday.

**Rewrite the following sentences.**

**Question 47.** I last saw her when I was a student 2 years ago.

=> I have...not...

**Question 48.** I haven't heard him since August.

=> The last ...

**Question 49.** It is not necessary for Nancy to clean the flat. ( have to )

=> Nancy

**Question 50.** I am sure you were surprised when you heard all the news (must)

=> You must

\*\*\*Try your best, and good luck!\*\*\*



